

# Introduction to Reiki

**Tuesday, October 23**  
**6:30pm - 8:00pm**

*Curious about Reiki?*

Join us for this informative presentation introducing Reiki, explaining how it works, and how it can benefit your life.

Presented in partnership with Sacred Winds Wholistic Healing for Women  
[sacredwinds.ca](http://sacredwinds.ca)

Broadcast from Strathmore Municipal Library



**RISE Network**  
[www.risenetwork.ca](http://www.risenetwork.ca)